



Positive  
Manifestation  
Full Program

Being your true self to manifest  
your dream life on Earth

Exclusive for Mothers/Fathers  
or Care Givers

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# Welcome to the Positive Manifestation Program 2024!

## BENEFITS OF THE PROGRAM

1. Commit to your daily self care and spiritual practice
2. Understand how to improve your intuition and inner guidance
3. Listen to your Soul ♡Body conversation to embody and lead actions for manifestation
4. Connect with the highest vibration available to human kind - Nature Cycles
5. Create a life that is in deep alignment to who you are

## How does it work?

When you feel committed to join the Program, send me a message and we can design your own unique program (based on the teachings list below) for your own needs.

Set aside a budget that is comfortable to your pocket that includes at least 3 sessions on the next 6 months.

Every beginning of a new month period you can review what works for you and change the program as you feel it fits best for you.

When you are ready you can set the 30days/payment to Zelle or Venmo to (202-650-8282)

Upon receiving your contribution you will start receiving a weekly series of audios and exercises by text or email (set your own preference) on the next 30 days.



# Welcome to the Positive Manifestation Program!

*As part of your program check and choose the items you feel ready to commit and to dive in.*

*Take into account the tools that can help you with your self care during the next period of 30 days:*

- Weekly Audio Meditations
- Moon Phases, Messages and Weekly updates
- Breathing Exercises
- Affirmations
- Daily Practice
- Art Practice
- Collective Energy Channeling
- Portal Messages
- Moon /Eclipse /Solstice/ Equinoxes Rituals



As part of your program check and choose the teachings you feel ready to study or just trust to receive the contents you need the most:

*Take into account what can help you with your own inner process during the next period of 30 days:*

## Topics of Teachings

- Motherhood/Fatherhood - The Energy Field of the Family
- The subtle body and how it influences your power in manifesting (Chakra and Meridian Systems)
- Understanding the human energy field (adults and the infant/ child graphics, connections, interferences and/or is disturbed, healed, and interact with others)
- The importance of resting and aligning with your Inner Light - *From separation to Wholeness*
- Raising your vibration to becoming aligned with the pulse of Life
- Connecting with your Soul and your Child Soul (*Training Feeling x Thinking*)
- *Transmuting negative energy to positive energy*
- *Transmuting energies with your child*
- *Breastfeeding/Nursing*
- *Nurturing the Family as a Whole System*
- *Gratitude, Honoring, Forgiving, Loving Practice*
- *Learn how to use Divination tools*
- *Creating your Physical and Metaphysical Altar (Centering and Anchoring)*
- Using Essential Oils for DIY Self Care and Family Care - *Use your Energy to nurture your family)*
- Using Floral Essences for DIY self care and Energy balance
- The empath technique - *Practicing your intuitive energy perception field*
- Connecting with Natural Kingdom (*Mineral, Vegetal, Animal*)
- Working with your Ancestral Lineage
- Working with Partner Relationship
- Working with Family Relationships
- Working with Social Relationships
- Family Roles and the Energy ties between its members and extended family
- Being part of Manifesting the New Earth
- Connecting with the Spirits of the Land
- Sisterhood of the Rose Class (Mother Goddesses embodiment)
- Healing myself to be/come a healer to myself and my family
- Learning and Practicing with Sacred Geometry
- Using Crystal Grids for Manifestation



## As optionals you can add more in depth practices to specific Manifestation Goals

*You can address interest on the following subjects during individual sessions*

- Connecting with your Guides
- Connecting with your Starseed (Cosmic) Family
- Connecting with Cosmic Dragons
- Sisterhood of the Rose - Service for Highest Good of Humanity
- 5D Vision Board (Individual and Family)
- Family Constellation
- Soul Design for Life Purpose
- Comprehending Sacred Geometry
- Geomancy and Guardians Work (Home, Land and Real State)
- Instructions for Holistic Certifications In USA

